

رقم المرفق	٢٥	رقم المادة	٣/١٥	رقم الإصدار	٥
عنوان المرفق	عمليات جراحة اليوم الواحد				

١. الوصف:

مركز عمليات جراحة اليوم الواحد يتم فيه إجراء العمليات الجراحية أو المناظير مع تقديم التخدير والإفاقة الفورية بعد العملية للمرضى ودخول وخروج المريض في نفس اليوم ويمكن أن يحتوي على غرفة عمليات واحدة أو أكثر.

❖ تتم في وحدة عمليات جراحة اليوم الواحد ما يلي:

- العمليات الجراحية مثل: الأنف والأذن والحنجرة وطب الأسنان وجراحة التجميل، وطب العيون.
- التنظير مثل: تنظير الجهاز الهضمي والجهاز التنفسي والمسالك البولية.
- الإجراءات الطبية ليوم واحد مثل: الضخ الوريدي والعلاجات البسيطة.

٢. إجراءات الترخيص:

- تقديم الطلب عن طريق منصة صحة.
- تقديم النطاق المفصل للخدمات المقدمة في مركز جراحة اليوم الواحد.
- الالتزام بالدليل الاسترشادي للمرافق الصحية (iHFG) المرفق ادناه :
[Index - International Health Facility Guidelines](#)
- الالتزام بما ورد في دليل جراحة اليوم الواحد
- الالتزام بقوائم العمليات المرفقة ادناه.
- استيفاء المتطلبات التالية:
- توظيف عدد كافٍ من الاستشاريين والأطباء والأخصائيين المؤهلين للوفاء بالبرنامج الوظيفي للمنشأة وتلبية احتياجات المرضى لجميع الخدمات والإجراءات المقدمة في المنشأة.
- توفير المعدات والأجهزة الطبية اللازمة.
- تقديم سياسات وإجراءات موثقة تشمل ما يلي:
 - مكافحة العدوى وإدارة النفايات الخطرة.
 - السجل الصحي للمريض.
 - عمل خطة للطوارئ.
 - دخول وخروج ونقل المريض.

٣. النماذج التشغيلية:

يمكن لوحدة عمليات جراحة اليوم الواحد أن تكون:

- مركزاً مستقلاً.
 - نشاط داخل مجمع طبي.
- إذا كانت الوحدة جزءاً من مجمع طبي فإنه يمكن لها مشاركة الخدمات المقدمة في المجمع منعاً من الازدواجية.

قوائم العمليات

Day Surgery Procedures List

The following surgical procedures are permitted for practice at ambulatory surgery units.

Pediatric Surgery:

1. Excision of some skin and soft tissue lesions (15-45 min.).
2. Wound suturing /scar excision (30 min.).
3. Lymph node biopsy (30 min.)
4. Release of tongue-tie (15 min.).
5. Excision of branchial cleft remnants, presenting as a cyst or fistula (60 min.).
6. Excision of thyroglossal cyst and duct (Sistrunk procedure) (60 min.).
7. Surgery of hernia: inguinal one side/umbilical (30-45 min.).
8. Excision of hydrocele on one side (30-45 min.).
9. Excision of varicocele on one side (30-45 min.).
10. Circumcision: Dissection/Plastic bell. (20 min.).
11. Distal /glandular: hypospadias repair, Granuloblasty and meatoplasty. (60 min.).
12. Urethral dilatation (30 min.).
13. Ano rectal surgery (30-45 min.).
14. Orchidopexy for inguinal palpable undescended testis (open), (45 min).
15. Diagnostic laparoscopy and proceed (60 min).
16. Laparoscopic cholecystectomy (non-hematologic disease), (60 min.).

Obstetrics and Gynecology:

1. Labial procedures e.g. Bartholin's cysts excision (30 min.).
2. Miscarriage care (30 min.).
3. Conization of the cervix (30 min.).
4. Cervical dilatation and curettage (D&C) (30 min.).
5. Cervical smear and biopsy (30 min.).
6. Termination of pregnancy (30 min.).
7. Repair of cysto-and rectocele (90 min).
8. Hysteroscopic endometrial ablation/biopsy (30 min.).
9. Hydro laparoscopy for diagnosis and workup of fertility patients (60 min).
10. Diagnostic/therapeutic laparoscopy for tubal gas or dye insufflation for infertility, sterilization, and excision of ovarian cyst (60 min).

Oral and Maxillofacial (OMF) Surgery:

Rang of time for following procedures between 60-90 min:

1. Extraction of Impacted Teeth (Wisdom teeth, premolars, canines, mesiodens).
2. Exposure and Bonding of Impacted Teeth (Canines, Incisors).
3. Apicectomy of root canal-treated teeth.
4. Comprehensive dental treatment of pediatric patients.
5. Comprehensive dental treatment of patients.
6. Pre-prosthetic Surgery such as (Valvuloplasty, palatal and lingual torus removal).
7. Sinus lift grafting.
8. Closure of Oro-antral communication.
9. Retrieval of a displaced tooth, implant, or remaining roots from the maxillary sinus.
10. Endosseous Dental Implant.
11. Endosseous Craniofacial Implant.
12. Distraction osteogenesis for width and height of alveolar crest.
13. Bone grafts of the maxilla and or mandible.
14. Closed reduction of mandibular condyle fractures.
15. Elevation of zygomatic arch fracture.
16. Management of soft tissue injury.
17. Removal of hardware from the mandible and maxilla.
18. Surgical-assisted rapid palatal expansion (SARPE)
19. Genioplasty.
20. Arthroscopy and Arthrocentesis of the temporomandibular joint

21. Upper and Lower lid blepharoplasty procedure.
22. Rhinoplasty.
23. Enucleation and curettage of Benign Oral and Maxillofacial Pathology (Odontogenic and non-odontogenic).
24. Marsupialization of ranula in the floor of the mouth.
25. Mucocele (Mucous Retention Phenomenon) excision.
26. Sublingual gland excision and ductal surgery.
27. Biopsy procedures (Incisional, Excisional).
28. Full mouth dental rehabilitation (filling, extraction, crowns, band selection and impression) and invasive dental procedures

For: children and adult patients (with special needs) to be done under general anaesthesia.

Otolaryngology: Ear, Nose & Throat (ENT) Surgery:

1. Foreign bodies from the nose, ears, and throat (simple cases) (10-20 min.).
2. Evacuation of hematomas from ear pinna (30 min.).
3. Otectomy and reconstruction of the bony defect (60 min.).
4. Excision of retro auricular fistula (30 min.).
5. Myringotomy and grommets (20 min.).
6. Myringoplasty (60 min.).
7. Tympanoplasty (60-180 min.).
8. Stapedectomy (60 min.).
9. Ossicular chain reconstruction (90 min.).
10. Evacuation of hematomas from the nasal septum. (30 min.).
11. Nasal /postnasal space examination and biopsy (30 min.).
12. Correction of nasal fractures (closed reduction) (15 min.).
13. Inferior turbinate hypertrophy reduction by submucosal diathermy (40-50 min.).
14. Surgical repair of unilateral choanal atresia in children and adults (90 min.).
15. Septoplasty (30-45 min.).
16. Functional endoscopic sinus surgery (FESS), (60-120 min.).
17. Uvulopalatoplasty (60 min.).
18. Tonsillectomy (20 min.).
19. Adenoidectomy (20 min.).
20. Laryngoscopy, mechanical /photo-excision of nodules on vocal cords and benign laryngeal tumors (45-60 min.).
21. Excision of superficial lymph nodes from the neck. (60 min.).

Orthopedic Surgery:

1. Examination/Manipulation under general anesthesia (MUA) for fractures (30 min.).
2. Closed reduction of fracture and application of a cast (45 min.).
3. Removal of implanted devices from bone: intramedullary nails, plates, screws, and wire has been done for the fixation of Fractures (45-90 min.).
4. Nail dynamization (45 min.).
5. Injection of bone cysts in pediatrics (45 min.).
6. Bone or muscle biopsy (45 min.).
7. Tendon sheath tumor removal (60 min.).
8. Ligaments and tendons repair surgery (60 min.).
9. Injection of therapeutic substance into joint or ligament (30 min.).
10. Partial excision of bone (90 min.).
11. Excision of benign bone tumor e.g., exostosis (60 min.).
12. Diagnostic /therapeutic arthroscopies /joint injections (90 min.).
13. Arthroscopic treatment of minor lesions in joints (e.g. free cartilage bodies, synovial biopsy), (45 min.).
14. Arthroscopy of the shoulder, examination, and mini-open acromioplasty (Neer's procedure), subacromial decompression, Joint stabilization (e.g., Bankart repair) and treatment of minor lesions (free cartilage bodies, minor labral lesions, rotator cuff Surgery) (90 min.).
15. Extensor tendon release for the treatment of tennis elbow (45 min.).
16. Ulnar nerve transposition (60 min.).
17. Excision of ganglion cyst (45 min.).
18. Removal of subcutaneous lesions in palm and fingers (45 min.).
19. Finger joint surgery for rheumatoid arthritis/osteoarthritis (60 min.).
20. Finger joint fusion treatment (60 min.).
21. Surgery of Trigger finger release (30 min.).
22. Arthroplasty of carpometacarpal joints (CMCJ) for osteoarthritis (120 min.).
23. Hand trauma procedures (90 min.).
24. Correction of congenital dysplasia of the hip (CDH) in pediatrics by hip spica castapplication (120 min.).
25. Pelvic osteotomy /open reduction of developmental dysplasia hip (90 min.).
26. Wires removal after operation for developmental dysplasia of the hip (DDH) (60 min.).
27. Bursa Baker's cyst excision (60 min.).
28. Arthroscopic meniscus surgery (45 min.).

29. Anterior cruciate ligament arthroscopic repair and reconstruction (90 min.).
30. Distal hamstring lengthening including biceps femoris (90 min.).
31. Tendon of Achilles elongation in Pediatrics / Teno-plasty (60 min.).
32. Ankle arthroscopic ligament reconstruction, arthroscopy assisted arthrodesis (120 min.).
33. Correction of foot deviations in pediatrics by POP (plaster of Paris), (120 min.).
34. Reconstruction of congenital vertical talus (120 min.).
35. Excision and repair of the bunion and other toe deformities (60 min.).
36. Hallux valgus surgery (e.g. Chevron osteotomy, Keller-Brandes procedure, Aikin's Procedure for hallux valgus Interphalangeal) - resection arthroplasty or arthrodesis for hammer toe deformities (90 min.).
37. Plating of simple fractured bone like both forearm and ankle fractures (90 minutes).

General Surgery:

1. Wound debridement (30 min.).
2. Excision of cutaneous and subcutaneous soft tissue lesions (30-45 min.).
3. Muscle biopsy (20 min.).
4. Excision of a lymph node (30-45 min.).
5. Thyroglossal cyst and duct excision (60 min.).
6. Excision of the branchial cyst (60 min.).
7. Breast biopsy, lumpectomy, selective discectomy, and major ducts excision (45-60 min.).
8. Breast-conserving surgery with sentinel lymph node biopsy (90-120 min.).
9. Simple mastectomy with or without axillary clearance (60-90 min.).
10. Repair of abdominal wall hernias (groin and umbilical), (60-90 min.).
11. Laparoscopic/ open surgery for insertion and open removal of Tenckhoff catheter for peritoneal dialysis (30 min.).
12. Excision of pilonidal sinus (30-45 min.).
13. Some anal surgeries e.g., anal dilatation, excision of anal polyp, skin tags, cauterization of anal skin warts and some Hemorrhoids, low perianal fistulae, and lateral sphincterotomy for anal fissure (30-45 min.).
14. Excision of the ingrowing toenail (15 min.).
15. Thoracoscopic sympathectomy for palmer hyperhidrosis (60 min.).
16. Laparoscopic ventral and groin hernias repair (60 -90 min.).
17. Diagnostic laparoscopy (45-60 min.).
18. Laparoscopic cholecystectomy (non- hematologic disease) (60 min.).
19. Laparoscopic/Laparoscopically assisted feeding jejunostomy/gastrostomy tubes (60-90 min.).
20. Laparoscopic fundoplication (anti-reflux surgery), (60-90 min.).

21. Laparoscopic repair of hiatus hernia (60-90 min.).
22. Drainage of a subcutaneous abscess (20 min.).

Vascular surgery:

1. Removal and insertion of a permanent catheter. (15-45 min.).
2. Creation of arteriovenous (A-V) fistula for chronic renal failure (CRF), (90-120 min.).
3. Treatment of some A-V fistula complications (90-180 min.).
4. Performance of A-V graft for dialysis (120 -180 min.).
5. Percutaneous angioplasty (60-120 min.).
6. Excision/ stripping of varicose veins and venous blowout (90-180 min.).
7. Endoluminal operations on femoral or iliac arteries (angioplasty), (90-120 min.).

Ophthalmology:

1. Excision of small tumors from eyelids (120 min.).
2. Lacrimal duct surgery (probing and stenting), (120 min.).
3. Oculoplastic surgery like blepharoplasty, ptosis, small superficial biopsies, pterygium excision, surgery for eyelid hemangiomas, correction of entropion, and ectropion (30-60 min.).
4. Conjunctival excision biopsy/graft (30-60 min.).
5. Squint surgery (30 min. / horizontal muscles.).
6. Refractive surgery by LASER (15-30/eye).
7. Cataract Surgery (15-30 min. /eye).
8. Lamellar /full-thickness keratoplasty.
9. Refractive surgery of Implantable Collamer lens (ICL), (30-60 min.).
10. Trabeculectomy MIGS (micro-invasive glaucoma surgery) (60 min.).
11. Vitreo-retinal surgery (60-120 min.).
12. Dacryocystorhinostomia (DCR), (45 min.).

Neurosurgery:

1. Carpal tunnel decompression (open/endoscopic) (30 min.).
2. Release of peripheral nerve entrapment, and transposition (30-60 min.).
3. Sacroiliac joint, vertebral facet joint infiltrations (20-30 min.)
4. Endoscopic micro-discectomy, laminectomy (60 min.)
5. Cranioplasty with simple cranial bone defects of the skull convexity (45-60 min).
6. Cranial tumors (osteomas) in selected cases (45-60 min).

7. Mechanical correction of spine deformity (scoliosis, kyphosis), (90-120 min.)
8. Spinal tap (30 min.).
9. Skull traction application (45 min.).

Urology“30 to 120 minutes for all procedures”:

1. Testicular biopsy.
2. Testicular sperm extraction (TESE).
3. Excision of testicular masses.
4. Excision of epididymal cysts.
5. Excision of spermatoceles.
6. Excision of seminal vesicle cyst.
7. Excision of seminal vesicle polyp.
8. Excision of seminal vesicle diverticulum.
9. Hydrocelectomy.
10. Excision of scrotal masses.
11. Vasectomy.
12. Circumcision.
13. Genital wart removal (e.g., electrocautery or laser therapy).
14. Penile plication surgery for Peyronie's disease.
15. Excision of penile cyst.
16. Excision of penile poly.
17. Excision of penile abscess.
18. Excision of penile fibroma.
19. Excision of penile hematoma.
20. Excision of penile lymphocele.
21. Penile Doppler ultrasound for erectile dysfunction evaluation.
22. Penile implant.
23. Urethral meatoplasty.
24. Urethral stricture dilation.
25. Excision of penile urethral stricture.
26. Excision of urethral stricture.
27. Urethroplasty for urethral strictures.
28. Excision of penile urethral diverticulum.
29. Excision of urethral diverticulum.

30. Excision of penile urethral cyst.
31. Excision of urethral cyst.
32. Excision of urethral polyps.
33. Urethral sling placement.
34. Urethral bulking injections for urinary incontinence.
35. Excision of urethral prolapse
36. Excision of urethral caruncle.
37. Excision of urethral condyloma.
38. Excision of urethral calculus.
39. Artificial urinary sphincter placement for urinary incontinence.
40. Urodynamic testing.
41. Cystoscopy.
42. Cystolitholapaxy for bladder stones.
43. Bladder biopsies.
44. Excision of bladder cyst.
45. Excision of bladder diverticulum.
46. Excision of bladder polyp.
47. Excision of bladder tumor.
48. Bladder instillation treatments.
49. Ureteroscopy.
50. Stone removal (e.g., ureteroscopy with stone extraction).
51. Ureteral stent placement or removal.
52. Excision of ureteral polyp.
53. Excision of ureteral stricture.
54. Excision of ureteral tumor.
55. Excision of ureteral diverticulum.
56. Percutaneous nephrolithotomy (PCNL) for kidney stones.
57. Excision of kidney cyst.
58. Excision of kidney polyp.
59. Trans perineal prostate biopsy.
60. Laser prostate surgery (e.g., Green Light laser therapy).
61. Prostate Laser ablation.
62. Prostate microwave therapy.
63. Prostate radiofrequency ablation.

64. Uro Lift procedure for enlarged prostate.
65. Transurethral resection of the prostate (TURP).
66. Excision of prostate cyst.
67. Excision of prostate polyp.
68. Prostate brachytherapy (seed implantation).
69. Sacral neuromodulation. All 2 phases.

Thoracic surgery:

1. Endoscopic thoracic sympathectomy (ETS) (90 min.).
2. Chest wall interventions (90 min.).
3. Sternal wire removal (30 min.).

Plastic Surgery:

1. Amniotic band surgery (60-120 min.).
2. Removal of foreign bodies from face and hands (60-120 min.).
3. Excision of tattoos with skin grafting (30-90 min.).
4. Excision of skin lesions with or without skin grafts or local flaps (45-90 min.).
5. Scar revision under general anesthesia with or without Z-Plasty (60-120 min.).
6. Revision of flaps (60-120 min.).
7. Insertion of tissue expanders (60-90 min.).
8. Otoplasty (90 min.).
9. Blepharoplasty, revision of upper eyelid (90 min.).
10. Some cases of rhinoplasty (90-180 min.).
11. Tissue transfer for eyelid, nose, ears, or lips (120-180 min.).
12. Repair of incomplete cleft lip (90-120 min.).
13. Some cases of gynecomastia (60-90 min.).
14. Insertion and removal of breast implants (60 min.).
15. Augmentation mammoplasty (120 min.).
16. Some cases of reduction mammoplasty (120-180 min.).
17. Mastopexy (120 min.).
18. Limited/regional liposuction (60-180 min.).
19. Minor hand surgery: synovectomy and Dupuytren's contracture (90-120 min.).
20. De Quervain's tendon release (60-90 min.).
21. Arthroscopy, arthrodesis of the finger joints (60-120 min.).

22. Extensive intracarpal ganglion removal (60-120 min.).
23. Operations for carpometacarpal joint arthrosis like arthrodesis or joint replacement (120-180 min.).
24. Polydactyl surgery (60-90 min.).
25. Release of syndactyly (60 min.).
26. Post-burns contractures release (60-120 min.)
27. Repair of facial lacerations (20-90 min.)

قوائم عمليات القسطرة القلبية غير الطارئة:

بعد توفر المتطلبات الأساسية لوحدة القسطرة القلبية وزيارة اللجنة المختصة:

يمكن للأطباء المؤهلين والمعتمدين كطبيب استشاري أمراض قسطرة قلب تداخلية القيام بما يلي :		قسطرة القلب للكبار
١	Diagnostic heart catheterization	
٢	Diagnostic coronary or graft angiography	
٣	Single vessel Percutaneous Coronary Intervention (PCI), excluding left main, ostial Left Anterior Descending (LAD) or vein graft Percutaneous Coronary Intervention (PCI)	
٤	Two vessel Percutaneous Coronary Intervention (PCI)not including any of the above	
٥	Ancillary techniques such as Fractional Flow Reserve (FFR) and Intra Vascular Ultrasound (IVUS)	
يمكن للأطباء المؤهلين والمعتمدين كطبيب استشاري أمراض القلب/ الشرايين التداخلية الطرفية القيام بما يلي :		قسطرة الاوعية الطرفية التداخلية
١	Diagnostic angiography excluding cerebral angiograms	
٢	Peripheral and renal angioplasty in stable patients on elective basis	
يمكن للأطباء المؤهلين والمعتمدين كطبيب استشاري أمراض كهربائية فسيولوجية القلب القيام بما يلي:		قسطرة كهربائية فسيولوجية القلب للكبار
١	Diagnostic heart catheterization	
٢	Diagnostic coronary or graft angiography	
٣	Diagnostic cardiac electrophysiology	
٤	Radiofrequency ablation of Supraventricular Tachycardia (SVT) and normal heart Ventricular Tachycardia (VT), and PVCs	
٥	Implantation of all Cardiovascular Implantable Electronic Device (CIEDs) Which include pacemaker, loop recorder, Implantable Cardioverter Device ICD, and elective Cardiac Resynchronization Therapy (CRT)	
٦	Elective cardioversion	

ملاحظة:

يمنع اجراء عمليات القسطرة القلبية للمرضى في الحالات التالية:

- ١- المرضى المسنين الذين تجاوزوا ٧٥ سنة.
- ٢- المرضى ذوي الحالة الطبية السيئة او من لديهم فشل في الكبد أو الكلى أو فرط توتر الشريان الرئوي أكثر من ٦٠ مم.